# GEORGIAN MEDICAL MEWS

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# ЕЖЕМЕСЯЧНЫЙ НАУЧНЫЙ ЖУРНАЛ

Медицинские новости Грузии საქართველოს სამედიცინო სიახლენი

# **GEORGIAN MEDICAL NEWS**

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**GMN:** Georgian Medical News is peer-reviewed, published monthly journal committed to promoting the science and art of medicine and the betterment of public health, published by the GMN Editorial Board since 1994. GMN carries original scientific articles on medicine, biology and pharmacy, which are of experimental, theoretical and practical character; publishes original research, reviews, commentaries, editorials, essays, medical news, and correspondence in English and Russian.

GMN is indexed in MEDLINE, SCOPUS, PubMed and VINITI Russian Academy of Sciences. The full text content is available through EBSCO databases.

GMN: Медицинские новости Грузии - ежемесячный рецензируемый научный журнал, издаётся Редакционной коллегией с 1994 года на русском и английском языках в целях поддержки медицинской науки и улучшения здравоохранения. В журнале публикуются оригинальные научные статьи в области медицины, биологии и фармации, статьи обзорного характера, научные сообщения, новости медицины и здравоохранения. Журнал индексируется в MEDLINE, отражён в базе данных SCOPUS, PubMed и ВИНИТИ РАН. Полнотекстовые статьи журнала доступны через БД EBSCO.

GMN: Georgian Medical News – საქართველოს სამედიცინო სიახლენი – არის ყოველთვიური სამეცნიერო სამედიცინო რეცენზირებადი ჟურნალი, გამოიცემა 1994 წლიდან, წარმოადგენს სარედაქციო კოლეგიისა და აშშ-ის მეცნიერების, განათლების, ინდუსტრიის, ხელოვნებისა და ბუნებისმეტყველების საერთაშორისო აკადემიის ერთობლივ გამოცემას. GMN-ში რუსულ და ინგლისურ ენებზე ქვეყნდება ექსპერიმენტული, თეორიული და პრაქტიკული ხასიათის ორიგინალური სამეცნიერო სტატიები მედიცინის, ბიოლოგიისა და ფარმაციის სფეროში, მიმოხილვითი ხასიათის სტატიები.

ჟურნალი ინდექსირებულია MEDLINE-ის საერთაშორისო სისტემაში, ასახულია SCOPUS-ის, PubMed-ის და ВИНИТИ РАН-ის მონაცემთა ბაზებში. სტატიების სრული ტექსტი ხელმისაწვდომია EBSCO-ს მონაცემთა ბაზებიდან.

# WEBSITE

www.geomednews.com

# К СВЕДЕНИЮ АВТОРОВ!

При направлении статьи в редакцию необходимо соблюдать следующие правила:

- 1. Статья должна быть представлена в двух экземплярах, на русском или английском языках, напечатанная через полтора интервала на одной стороне стандартного листа с шириной левого поля в три сантиметра. Используемый компьютерный шрифт для текста на русском и английском языках Times New Roman (Кириллица), для текста на грузинском языке следует использовать AcadNusx. Размер шрифта 12. К рукописи, напечатанной на компьютере, должен быть приложен CD со статьей.
- 2. Размер статьи должен быть не менее десяти и не более двадцати страниц машинописи, включая указатель литературы и резюме на английском, русском и грузинском языках.
- 3. В статье должны быть освещены актуальность данного материала, методы и результаты исследования и их обсуждение.

При представлении в печать научных экспериментальных работ авторы должны указывать вид и количество экспериментальных животных, применявшиеся методы обезболивания и усыпления (в ходе острых опытов).

- 4. К статье должны быть приложены краткое (на полстраницы) резюме на английском, русском и грузинском языках (включающее следующие разделы: цель исследования, материал и методы, результаты и заключение) и список ключевых слов (key words).
- 5. Таблицы необходимо представлять в печатной форме. Фотокопии не принимаются. Все цифровые, итоговые и процентные данные в таблицах должны соответствовать таковым в тексте статьи. Таблицы и графики должны быть озаглавлены.
- 6. Фотографии должны быть контрастными, фотокопии с рентгенограмм в позитивном изображении. Рисунки, чертежи и диаграммы следует озаглавить, пронумеровать и вставить в соответствующее место текста в tiff формате.

В подписях к микрофотографиям следует указывать степень увеличения через окуляр или объектив и метод окраски или импрегнации срезов.

- 7. Фамилии отечественных авторов приводятся в оригинальной транскрипции.
- 8. При оформлении и направлении статей в журнал МНГ просим авторов соблюдать правила, изложенные в «Единых требованиях к рукописям, представляемым в биомедицинские журналы», принятых Международным комитетом редакторов медицинских журналов http://www.spinesurgery.ru/files/publish.pdf и http://www.nlm.nih.gov/bsd/uniform\_requirements.html В конце каждой оригинальной статьи приводится библиографический список. В список литературы включаются все материалы, на которые имеются ссылки в тексте. Список составляется в алфавитном порядке и нумеруется. Литературный источник приводится на языке оригинала. В списке литературы сначала приводятся работы, написанные знаками грузинского алфавита, затем кириллицей и латиницей. Ссылки на цитируемые работы в тексте статьи даются в квадратных скобках в виде номера, соответствующего номеру данной работы в списке литературы. Большинство цитированных источников должны быть за последние 5-7 лет.
- 9. Для получения права на публикацию статья должна иметь от руководителя работы или учреждения визу и сопроводительное отношение, написанные или напечатанные на бланке и заверенные подписью и печатью.
- 10. В конце статьи должны быть подписи всех авторов, полностью приведены их фамилии, имена и отчества, указаны служебный и домашний номера телефонов и адреса или иные координаты. Количество авторов (соавторов) не должно превышать пяти человек.
- 11. Редакция оставляет за собой право сокращать и исправлять статьи. Корректура авторам не высылается, вся работа и сверка проводится по авторскому оригиналу.
- 12. Недопустимо направление в редакцию работ, представленных к печати в иных издательствах или опубликованных в других изданиях.

При нарушении указанных правил статьи не рассматриваются.

# REQUIREMENTS

Please note, materials submitted to the Editorial Office Staff are supposed to meet the following requirements:

- 1. Articles must be provided with a double copy, in English or Russian languages and typed or computer-printed on a single side of standard typing paper, with the left margin of 3 centimeters width, and 1.5 spacing between the lines, typeface Times New Roman (Cyrillic), print size 12 (referring to Georgian and Russian materials). With computer-printed texts please enclose a CD carrying the same file titled with Latin symbols.
- 2. Size of the article, including index and resume in English, Russian and Georgian languages must be at least 10 pages and not exceed the limit of 20 pages of typed or computer-printed text.
- 3. Submitted material must include a coverage of a topical subject, research methods, results, and review.

Authors of the scientific-research works must indicate the number of experimental biological species drawn in, list the employed methods of anesthetization and soporific means used during acute tests.

- 4. Articles must have a short (half page) abstract in English, Russian and Georgian (including the following sections: aim of study, material and methods, results and conclusions) and a list of key words.
- 5. Tables must be presented in an original typed or computer-printed form, instead of a photocopied version. Numbers, totals, percentile data on the tables must coincide with those in the texts of the articles. Tables and graphs must be headed.
- 6. Photographs are required to be contrasted and must be submitted with doubles. Please number each photograph with a pencil on its back, indicate author's name, title of the article (short version), and mark out its top and bottom parts. Drawings must be accurate, drafts and diagrams drawn in Indian ink (or black ink). Photocopies of the X-ray photographs must be presented in a positive image in **tiff format**.

Accurately numbered subtitles for each illustration must be listed on a separate sheet of paper. In the subtitles for the microphotographs please indicate the ocular and objective lens magnification power, method of coloring or impregnation of the microscopic sections (preparations).

- 7. Please indicate last names, first and middle initials of the native authors, present names and initials of the foreign authors in the transcription of the original language, enclose in parenthesis corresponding number under which the author is listed in the reference materials.
- 8. Please follow guidance offered to authors by The International Committee of Medical Journal Editors guidance in its Uniform Requirements for Manuscripts Submitted to Biomedical Journals publication available online at: http://www.nlm.nih.gov/bsd/uniform\_requirements.html http://www.icmje.org/urm\_full.pdf
- In GMN style for each work cited in the text, a bibliographic reference is given, and this is located at the end of the article under the title "References". All references cited in the text must be listed. The list of references should be arranged alphabetically and then numbered. References are numbered in the text [numbers in square brackets] and in the reference list and numbers are repeated throughout the text as needed. The bibliographic description is given in the language of publication (citations in Georgian script are followed by Cyrillic and Latin).
- 9. To obtain the rights of publication articles must be accompanied by a visa from the project instructor or the establishment, where the work has been performed, and a reference letter, both written or typed on a special signed form, certified by a stamp or a seal.
- 10. Articles must be signed by all of the authors at the end, and they must be provided with a list of full names, office and home phone numbers and addresses or other non-office locations where the authors could be reached. The number of the authors (co-authors) must not exceed the limit of 5 people.
- 11. Editorial Staff reserves the rights to cut down in size and correct the articles. Proof-sheets are not sent out to the authors. The entire editorial and collation work is performed according to the author's original text.
- 12. Sending in the works that have already been assigned to the press by other Editorial Staffs or have been printed by other publishers is not permissible.

Articles that Fail to Meet the Aforementioned Requirements are not Assigned to be Reviewed.

#### ᲐᲕᲢᲝᲠᲗᲐ ᲡᲐᲧᲣᲠᲐᲓᲦᲔᲑᲝᲓ!

რედაქციაში სტატიის წარმოდგენისას საჭიროა დავიცვათ შემდეგი წესები:

- 1. სტატია უნდა წარმოადგინოთ 2 ცალად, რუსულ ან ინგლისურ ენებზე,დაბეჭდილი სტანდარტული ფურცლის 1 გვერდზე, 3 სმ სიგანის მარცხენა ველისა და სტრიქონებს შორის 1,5 ინტერვალის დაცვით. გამოყენებული კომპიუტერული შრიფტი რუსულ და ინგლისურენოვან ტექსტებში Times New Roman (Кириллица), ხოლო ქართულენოვან ტექსტში საჭიროა გამოვიყენოთ AcadNusx. შრიფტის ზომა 12. სტატიას თან უნდა ახლდეს CD სტატიით.
- 2. სტატიის მოცულობა არ უნდა შეადგენდეს 10 გვერდზე ნაკლებს და 20 გვერდზე მეტს ლიტერატურის სიის და რეზიუმეების (ინგლისურ,რუსულ და ქართულ ენებზე) ჩათვლით.
- 3. სტატიაში საჭიროა გაშუქდეს: საკითხის აქტუალობა; კვლევის მიზანი; საკვლევი მასალა და გამოყენებული მეთოდები; მიღებული შედეგები და მათი განსჯა. ექსპერიმენტული ხასიათის სტატიების წარმოდგენისას ავტორებმა უნდა მიუთითონ საექსპერიმენტო ცხოველების სახეობა და რაოდენობა; გაუტკივარებისა და დაძინების მეთოდები (მწვავე ცდების პირობებში).
- 4. სტატიას თან უნდა ახლდეს რეზიუმე ინგლისურ, რუსულ და ქართულ ენებზე არანაკლებ ნახევარი გვერდის მოცულობისა (სათაურის, ავტორების, დაწესებულების მითითებით და უნდა შეიცავდეს შემდეგ განყოფილებებს: მიზანი, მასალა და მეთოდები, შედეგები და დასკვნები; ტექსტუალური ნაწილი არ უნდა იყოს 15 სტრიქონზე ნაკლები) და საკვანძო სიტყვების ჩამონათვალი (key words).
- 5. ცხრილები საჭიროა წარმოადგინოთ ნაბეჭდი სახით. ყველა ციფრული, შემაჯამებელი და პროცენტული მონაცემები უნდა შეესაბამებოდეს ტექსტში მოყვანილს.
- 6. ფოტოსურათები უნდა იყოს კონტრასტული; სურათები, ნახაზები, დიაგრამები დასათაურებული, დანომრილი და სათანადო ადგილას ჩასმული. რენტგენოგრამების ფოტოასლები წარმოადგინეთ პოზიტიური გამოსახულებით tiff ფორმატში. მიკროფოტო-სურათების წარწერებში საჭიროა მიუთითოთ ოკულარის ან ობიექტივის საშუალებით გადიდების ხარისხი, ანათალების შეღებვის ან იმპრეგნაციის მეთოდი და აღნიშნოთ სუ-რათის ზედა და ქვედა ნაწილები.
- 7. სამამულო ავტორების გვარები სტატიაში აღინიშნება ინიციალების თანდართვით, უცხოურისა უცხოური ტრანსკრიპციით.
- 8. სტატიას თან უნდა ახლდეს ავტორის მიერ გამოყენებული სამამულო და უცხოური შრომების ბიბლიოგრაფიული სია (ბოლო 5-8 წლის სიღრმით). ანბანური წყობით წარმოდგენილ ბიბლიოგრაფიულ სიაში მიუთითეთ ჯერ სამამულო, შემდეგ უცხოელი ავტორები (გვარი, ინიციალები, სტატიის სათაური, ჟურნალის დასახელება, გამოცემის ადგილი, წელი, ჟურნალის №, პირველი და ბოლო გვერდები). მონოგრაფიის შემთხვევაში მიუთითეთ გამოცემის წელი, ადგილი და გვერდების საერთო რაოდენობა. ტექსტში კვადრატულ ფჩხილებში უნდა მიუთითოთ ავტორის შესაბამისი N ლიტერატურის სიის მიხედვით. მიზანშეწონილია, რომ ციტირებული წყაროების უმეტესი ნაწილი იყოს 5-6 წლის სიღრმის.
- 9. სტატიას თან უნდა ახლდეს: ა) დაწესებულების ან სამეცნიერო ხელმძღვანელის წარდგინება, დამოწმებული ხელმოწერითა და ბეჭდით; ბ) დარგის სპეციალისტის დამოწმებული რეცენზია, რომელშიც მითითებული იქნება საკითხის აქტუალობა, მასალის საკმაობა, მეთოდის სანდოობა, შედეგების სამეცნიერო-პრაქტიკული მნიშვნელობა.
- 10. სტატიის ბოლოს საჭიროა ყველა ავტორის ხელმოწერა, რომელთა რაოდენობა არ უნდა აღემატებოდეს 5-ს.
- 11. რედაქცია იტოვებს უფლებას შეასწოროს სტატია. ტექსტზე მუშაობა და შეჯერება ხდება საავტორო ორიგინალის მიხედვით.
- 12. დაუშვებელია რედაქციაში ისეთი სტატიის წარდგენა, რომელიც დასაბეჭდად წარდგენილი იყო სხვა რედაქციაში ან გამოქვეყნებული იყო სხვა გამოცემებში.

აღნიშნული წესების დარღვევის შემთხვევაში სტატიები არ განიხილება.

# Содержание:

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# RESULTS OF SURGICAL TREATMENT OF PECTUS EXCAVATUM IN CHILDREN AND ADOLESCENTS

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#### Abstract.

**Introduction:** Congenital pectus excavatum (PE) takes the first place among the deformation of the chest, accompanied by violations of the cardiorespiratory system and various cosmetic defects. A radical way to eliminate the deformation of the chest is surgical correction-thoracoplasty.

Material and methods: This study was performed on the results of surgical treatment of 183 patients with various forms of PE at the age of 3 to 18 years. All operated children were divided into three groups. The first group consisted of 76 (41.5%) patients who underwent thoracoplasty with fixation of the mobilized sternal-rib complex on an external traction splint. The second group included 77 (42,1%) patients operated by the developed method of thoracoplasty. The third group of 30 (16.4%) patients operated on the classical Nuss-method. Shortand long-term results were compared between the groups.

**Results:** The operation time was significantly shorter in third group (55 min) and the volume of blood loss was higher in the first group (46,4 $\pm$ 12,5 ml). Pleural effusion and atelectasis were observed 4 and 3 patients and atelectasis, or pneumonitis was observed 3 and 2 patients in first and third groups respectively. The duration of postoperative pain syndrome was significantly shorter in second group with intercostal blockade. Pneumothorax was established 4 and 3 patients in first and third groups. Partial relapse and complete relapse were observed 3 (4.1%) and 2 (2.7%) patients in the first group.

**Conclusion:** Short and long-term results were excellent for modified thoracoplasty and Nuss procedures with low complication rates.

**Key words.** Pectus excavatum, sternum, surgical treatment, long-term results.

# Introduction.

Congenital pectus excavatum (PE) takes the first place among the deformation of the chest, accompanied by violations of the cardiorespiratory system and various cosmetic defects [1-4].

A radical way to eliminate the deformation of the chest is surgical correction-thoracoplasty. Of the many methods of thoracoplasty of funnel-shaped deformation of the chest, currently the most widespread are minimally invasive methods based on the plastic properties of the sterno costal complex using special plates for stabilization [5-7]. One of the terrible complications is damage to the intercostal vessels and pericardium with the development of bleeding. In adolescents older than 15 years, there are fractures of the sternum and plate migration [7]. To prevent secondary changes in the spine and the development of psycho-emotional disorders in adolescents, surgical treatment of all types of chest deformities is recommended to begin as

early as possible [8-12]. With this study, we wanted to share the short- and long-term results of patients who were operated with 3 different methods due to PE deformity in different time periods.

The aim of this study is to review the surgical experiences with pectus excavatum (PE) deformities.

#### Materials and Methods.

This study was based on the results of surgical treatments for 183 patients with various PE deformities aged 3 to 18 years old. They were operated in the Department of Orthopedics and Traumatology of the Regional Children's Clinical Hospital of the Health Department of Turkestan region from 1997 to 2018 and in the Department of Traumatology of Shymkent City Children's Hospital №1 from 2016 to 2018. All operated children were divided into three groups. The first group consisted of 76 (41.5%) patients who underwent Ravitch thoracoplasty with fixation of the mobilized sternal-rib complex on an external traction tire from 1997 to 2008.

The second group included 77(42.1%) patients operated from 2008 to 2018 by the modified method of thoracoplasty (Eurasian patent No. 028328 of 30.11.2017). The third group consisted of 30 (16.4%) patients operated on the classical Nuss method from 2016 to 2018 inclusive.

Clinical examination of children was carried out according to the generally accepted scheme. The degree of deformation in Pectus excavatum was determined by the sternal depression on the lateral projection of the chest x-ray, in severe forms of deformation, the Haller index was used based on the results of computed tomography. Indications for surgical correction of pectus excavatum were, Haller index of 3.25 or more, as well as gross violations of the function of the cardiorespiratory system [13,14].

In the first group, a traditional Ravitch operation was performed with the fixation of the sternocostal complex on the external traction tire of the Marshev. Before applying a traction tire to the chest, a pre-made plaster frame is applied in the shape of the chest, with a window formed according to the boundaries of the deformation. The traction tire was placed on a plaster frame in order to evenly distribute the transmitted load on the chest outside the zone of resected rib cartilage and sternum. Marshev's traction tire was removed after 30-45 days, depending on the age.

In the second group used a modified thoracoplasty consisting in resection of the rib cartilage from the outer edge of the deformation from the parasternal chondrotomy, the sternum was correction "T" shaped on level III intercostal interval by the front transverse wedge-shaped sternotomy with break rear cortical plate of the sternum is mobilized Sterno-costal complex

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is stabilized by osteosynthesis of the body of the sternum in the bone part needle Illizarov, with the creation of an oval support platform at the ends of the needles in order to fix them in the bony part of the rib with a resorption suture material, beyond the mobilized sternocostal complex. Depending on the age and degree of deformation, one or two needles were used in parallel to each other. The needles were removed after 12-18 months.

In the third group, the correction of PE deformity was performed using the classic Nuss technique using thoracoscopy and consisted of a C-shaped bar with support on the transverse plates on both sides along the anterior axillary line. Postoperative thoracic catheter not used. The bar was removed after 24 months.

Surgical intervention in all groups was performed under intubation anesthesia with minimal trauma and hemostasis. The children stayed in the intensive care unit first day, they received a full volume of infusion and antibacterial therapy, as well as narcotic analgesics. On the second day, the children were transferred to the Department of traumatology and orthopedics, they treated for pain relief and prevention of pulmonary complications. They were allowed to sit for 2-3 days and move independently for 5-6 days. The most important point in the postoperative period is the improvement of pulmonary ventilation, and the relief of pain. For this purpose, the developed modified thoracoplasty performed intercostal Novocain blockade of resected costal cartilage along the middle axillary line on both sides. This made it possible to reduce the use of narcotic and non-narcotic analgesics in comparison with patients who were not blockaded. Thus, children who were blockaded received analgesics only in the intensive care unit, and those children who were not blockaded continued to receive analgesics for 3 days after thoracoplasty. An epidural catheter for pain relief was not used, only an intravenous analgesic in the intensive care unit.

Short time results (up to 10 days) were evaluated according to the following criteria: duration of the operation, volume of blood loss, duration of pain, wound seroma, pleural effusion, atelectasis or pneumonitis, pneumothorax requiring pleural puncture. Long-term results (up to 2 years) were evaluated according to the following criteria: migration of metal structures with pain requiring removal, kelloid scar with ligature fistulas, partial relapse, complete relapse, and lethal outcome. The outcomes were classified as excellent (compete resolution of the deformity), good (close to complete correction), fair (partial correction of the deformity), poor (any recurrence or residual deformity), or slight overcorrection [15]. Prior to surgery, all parents signed an informed consent form for the operation.

# Statistical Analyses.

Statistical analyses were performed using SPSS software (version 24; SPSS; Chicago, Illinois, United States). Student's t-test was used to assess the validity of the differences. At p<0.05, the differences were considered statistically significant. Ethics statement. Written informed consents were obtained from the patients for publication of this article.

#### Results

The study was consisting of 124 (67.8%) male and 59 (32.2%) girls. Patients were between 3-5 years old 51 (27.9%), 6-8 years old 56 (30.6%), 9-11 years old 44 (24%) and 12 years old 32 (17.5%). Asymmetric form 92 (50.3%), symmetrical form 76 (41.5%) and flat-funnel form 15 (8.2%) were detected in the patients with PE. There was no difference between groups in terms of age and gender distribution.

Short time postoperative results were observed in all patients in the study groups. The operation time is significantly shorter when using the classic Nuss technique (55 min), and the volume of blood loss is greater when using Ravitch thoracoplasty (46,4  $\pm 12,5$  ml) due to procedure of the method. Pleural effusion and atelectasis were observed 4 and 3 patients and atelectasis, or pneumonitis was observed 3 and 2 patients in first and third groups respectively but p>0.05 Table 1.

The duration of postoperative pain syndrome is only less when using modified thoracoplasty, which is associated with intercostal blockade of resected costal cartilages (p<0.05). Pneumothorax (requiring pleural puncture) developed in 4 (5.2%) patients after Ravitch thoracoplasty (p<0.05).

| <b>Table 1.</b> Short and | ' long-term resu | lts of treatment | t groups in the study. |
|---------------------------|------------------|------------------|------------------------|
|---------------------------|------------------|------------------|------------------------|

|  | Ravitch thoracoplasty              | Modified thoracoplasty          | Nuss procedure        | р      |
|--|------------------------------------|---------------------------------|-----------------------|--------|
| Number of patients                                     | 76                                 | 77                              | 30                    | -      |
| Average age of patients (years)                        | 7,3± 1,4                           | 8,5±2,3                         | 9,8±2,5               | >0,05  |
| The duration of hospital stay (days)                   | 8±2,2                              | 7±1,1                           | 7±1,4                 | >0,05  |
| Duration of surgery (min)                              | 96±8,6                             | 75±8,9                          | 55±5,8                | <0,05  |
| Volume of blood loss, ml                               | 46,4±12,5                          | 30,43±9,6                       | 21,2±5,3              | >0,05  |
| Duration of pain syndrome (day)                        | 5,2±1,3                            | 2,1±0,7                         | 5,32±1,5              | <0,05  |
| Wound seroma   | 2(2,6%)                            | -                               | -                     | >0,05  |
| Pleural effusion                                       | 4                                  | -                               | 3                     | <0,05  |
| Atelectasis or pneumonitis                             | 3                                  | -                               | 2                     | >0,05  |
| Pneumothorax   | 4(5,2%)                            | -                               | 3(10%)                | <0,05  |
| Keloid scar of an operating wound with suture fistulas | 7(9,2%)                            | 3(3,9%)                         | -                     | <0,05  |
| Cosmetic results - excellent<br>-Good<br>-poor         | 56(73.5%)<br>16(21.0%)<br>5(6.5%), | 73(94.8%)<br>3(3.9%)<br>1(1.3%) | 28(93.3%)<br>2 (6.7%) | < 0.05 |
| Migration of metal structures                          | -                                  | -                               | 1(3,3%)               | <0,05  |
| Relapse (%) - partial                                  | 3(4,1%)                            | 1(1,3%)                         | 1(3,3%)               |        |
| - complete   | 2(2,7%)                            | -                               | -                     |        |

Keloid scar with suture fistulas was found in 7(9.2%) cases in the first group, and 3 (3.9%) cases in the second group. The formation of ligature fistulas is not related to the surgical technique that can be avoided by using a resorption suture material (vicryl). Migration of the metal structure requiring its removal was observed in 1 (3,3%) patient in the third group.

Partial relapse was characterized by the transition of the third degree of deformation and complete relapse were observed 3(4.1%) and 2 (2.7%) patients in the first group (p<0.05). Partial relapse was observed in one patient in the second and third groups, whereas complete relapse did not develop in this groups. The main cause of relapses is a gross violation of the mode in the deformation of the needles in the second group, the third group this was in strong pain behind the sternum, which served to remove the last 8 months. The best cosmetic result was observed in the second group (modified thoracoplasty) and third group (Nuss method), respectively (p<0.05).

#### Discussion.

Ravitch technique, which has been applied since the 1950s, has revolutionized PE deformity with its minimal morbidity and good cosmetic results [16]. The Nuss method, which has been applied since 1998, has been an alternative to open standard treatment with less morbidity and scar results [17]. The modified thorocaplasty method in this study is an alternative method for PE. Proposed to our method of thoracoplasty, which consists in osteosynthesis "T"-shaped osteotomies sternum Ilizarov needle technical simple to implement, requires no special metal for stabilization of the sternum-costal complex, complications like bleeding, hemopneumothorax, migration of metal is not observed in 94.8% of cases, there is a good result that can be recommended for surgical treatment of congenital PE deformation. While patients in the Ravitch and Nuss group needed more narcotic analgesic for pain, less pain medication was needed in the modified thoracoplasty group.

In the study of Molik et al. compared the Ravitch method (n = 68) and Nuss (n = 35) method. The epidural catheter was inserted for pain control 25 patients in the Nuss group, but the catheter was used only 3 patients in the open method. In addition, for postoperative pain management, patient controlled intravenous analgesic (PCA) device was used in the open surgery group in half of the patients and almost all (except 4 cases) in Nuss group [18]. In this study, postoperative pain management was best done in the second group. Novocain blockade of resected rib cartilage along the middle axillary line on both sides reduces the duration of the pain syndrome and reduces the use of narcotic and non-narcotic analgesics in the postoperative period in comparison with patients who did not undergo blockages.

There is similarly length of stay times in this work, when other studies have lessing time in the Nuss group. Even this stay time is twice the literature [19]. The reason for more hospitalization of patients is hospital stay is economically inexpensive in our country and the distance of the patients from the hospital. Overall, the postoperative complications were higher in the first group. Postoperative atelectasis and pneumonia were not detected in second group. It may also be considered to better the pain control.

Cosmetic is the most important reason for surgery and postoperative long-term success indicator. An excellent cosmetic results in the literature is between 75 %- to 95% 15,19,20. Given the excellent results in this study, the most successful groups were the second (94.8%) and third groups (87.5%), respectively. In Gibreel et al. 75% excellent results and 12% good results were obtained in Nuss series including 313 patients, while the same results were found above 95% and 3% in another series of 406 cases from Shu et al. Study [15,20,21]. More than 97% good and excellent results were obtained in 375 patients for open surgery [21]. Relapse and poor results were dominantly seen in the Ravitch group. Although the reoperation rate of the series was between 0.75% and 11.6%, this rate decreases over the years [19,22,23]. Reoperation rate was found 1.1% in this study.

#### Conclusion.

Proposed to us the method of thoracoplasty, which consists in osteosynthesis "T"-shaped osteotomies sternum Ilizarov needle technical simple to implement, requires no special metal for stabilization of the sternum-costal complex, complications like bleeding, hemopneumothorax, migration of metal is not observed in 94.8% of cases, there is a good result that can be recommended for surgical treatment of PE deformation. Short and long-term results were excellent for modified thoracoplasty and Nuss procedures with low complication rates. Novocain blockade of resected rib cartilage reduces the duration of the pain syndrome and reduces the use of narcotic and non-narcotic analgesics.

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#### **РЕЗЮМЕ**

# РЕЗУЛЬТАТЫ ХИРУРГИЧЕСКОГО ЛЕЧЕНИЯ ДЕФОРМАЦИЯ ГРУДНОЙ КЛЕТКИ У ДЕТЕЙ И ПОЛРОСТКОВ

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Врожденная деформация грудная (ВДГК) клетка занимает первое место среди деформаций грудной клетки, сопровождающихся нарушениями работы кардиореспираторной различными системы И косметическими дефектами. Радикальным способом устранения деформации грудной клетки является хирургическая коррекция -торакопластика.

Материалы и методы: Данное исследование было проведено по результатам хирургического лечения 183 пациентов с различными формами ТЭЛА в возрасте от 3 до 18 лет. Все прооперированные дети были разделены на три группы. Первую группу составили 76 (41,5%) пациентов, которым была выполнена торакопластика с фиксацией мобилизованного грудинно-реберного комплекса наружной тракционной шиной. Во вторую группу вошли 77 (42,1%) пациентов, оперированных по разработанному методу торакопластики. В третью группу вошли 30 (16,4%) пациентов, оперированных по классическому методу Nuss. Было проведено сравнение краткосрочных и отдаленных результатов между группами.

Результаты: Время операции было значительно короче в третьей группе (55 мин), а объем кровопотери был выше в первой группе (46,4±12,5 мл). Плевральный выпот и ателектаз наблюдались у 4 и 3 пациентов, ателектаз или пневмонит - у 3 и 2 пациентов в первой и третьей группах соответственно. Продолжительность послеоперационного болевого синдрома была значительно короче во второй группе с межреберной блокадой. Пневмоторакс был установлен у 4 и 3 пациентов в первой и третьей группах. Частичный рецидив и полный рецидив наблюдались у 3 (4,1%) и 2 (2,7%) пациентов в первой группе.

**Вывод:** Краткосрочные и долгосрочные результаты были превосходными при проведении модифицированной торакопластики и процедур Nuss с низким уровнем осложнений.

**Ключевые слова:** врожденная деформация, грудина, хирургическое лечение, отдаленные результаты.

რეზიუმე

მკერდის გათხრები -ის ქირურგიული მკურნალობის შედეგები ბავშვებსა და მოზარდებში

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გულმკერდის დეფორმაციას შორის პირველ ადგილს იკავებს თანდაყოლილი pectus excavatum (PE), რომელსაც თან ახლავს კარდიორესპირაციული სისტემის დარღვევები და სხვადასხვა კოსმეტიკური დეფექტები. გულმკერდის დეფორმაციის აღმოსაფხვრელად რადიკალური გზაა ქირურგიული კორექციათორაკოპლასტიკა.

მასალა და მეთოდები: ეს კვლევა ჩატარდა 183 პაციენტის ქირურგიული მკურნალობის შედეგებზე PE-ს სხვადასხვა ფორმით 3-დან 18 წლამდე ასაკში. ყველა ბავშვი სამ ჯგუფად იყოფა. პირველი ჯგუფი შედგებოდა 76 (41.5%) პაციენტისგან, რომლებსაც ჩაუტარდათ თორაკოპლასტიკა მობილიზებული სტერნალ-ნეკნის კომპლექსის ფიქსაციით გარე წევის ნამსხვრევზე. მეორე ჯგუფში შედიოდა თორაკოპლასტიკის შემუშავებული მეთოდით ოპერირებული 77 (42,1%) პაციენტი. 30 (16.4%) პაციენტის მესამე ჯგუფი ოპერირებდა კლასიკური Nuss მეთოდით. ჯგუფებს შორის შედარებული იყო მოკლევადიანი და გრძელვადიანი შედეგები.

შედეგები: ოპერაციის დრო მნიშვნელოვნად მოკლე იყო მესამე ჯგუფში (55 წთ) და სისხლის დაკარგვის მოცულობა უფრო მაღალი იყო პირველ ჯგუფში (46,4 $\pm$ 12,5 მლ). პლევრის გამონაჟონი და ატელექტაზი დაფიქსირდა 4 და 3 პაციენტი და ატელექტაზი ან

პნევმონიტი დაფიქსირდა 3 და 2 პაციენტი შესაბამისად პირველ და მესამე ჯგუფებში. პოსტოპერაციული ტკივილის სინდრომის ხანგრძლივობა მნიშვნელოვნად მოკლე იყო მეორე ჯგუფში ნეკნთაშუა ბლოკადით. პნევმოთორაქსი შეიქმნა 4 და 3 patiens პირველ და მესამე ჯგუფებში. ნაწილობრივი რეციდივი და სრული რეციდივი დაფიქსირდა 3 (4.1%) და 2 (2.7%) პაციენტი პირველ ჯგუფში.

დასკვნა: მოკლე და გრძელვადიანი შედეგები შესანიშნავი იყო მოდიფიცირებული თორაკოპლასტიკისა და Nuss პროცედურებისთვის დაბალი გართულების მაჩვენებლებით.

საკვანძო სიტყვები: გულმკერდის დეფორმაცია, მკერდის ძვალი, ქირურგიული მკურნალობა, გრმელვადიანი შედეგები.